



Garden Color Hunt: Preschool Lesson



Harvest of the Month Featured Product- Cucumbers

Objectives

- Children explore the garden through close observation. They begin to recognize different hues and tones of colors by looking closely at plants, soil, and garden surroundings.

NC Foundations for Early Learning and Development

Goals Addressed:

APL-1, APL-2, APL-5, APL-7, APL-8

LDC-1, LDC-8, LDC-9

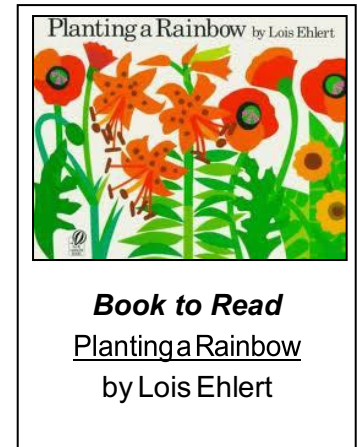
CD-1, CD-14, CD-15

Materials

- Paint color samples
- Hole puncher
- Book rings

Preparation

Using a hole puncher, put a hole in each of the paint color samples and thread them onto a book ring. Make one ring for each child with a variety of colors or choose one color and have different shades of that color on the same ring. Another option is to not assemble the color samples on the rings, but give kids 2-3 individual paint samples.



Book to Read
Planting a Rainbow
by Lois Ehlert

Activities

Read a Book

Read Planting a Rainbow by Lois Ehlert. Brainstorm with the children different things they think they will find in the garden that match each of the colors in the book (red, orange, yellow, green, blue, and purple).

Garden Activity

Give each child several paint color samples or a prepared color ring. Tell the children that they will be going on a color hunt. Guide them in identifying as many things in the garden as possible that match their color samples. Which color do they see the most in the garden? Which do they see the least?

Optional

Take a portable white board or large piece of paper and record the different things the children spot that correlate to each color or color hue.

Growing Minds is a program of ASAP (Appalachian Sustainable Agriculture Project).

www.growing-minds.org

Nourishing Connections a program of the Northwest Tennessee Local Food Network

www.nwtnlfn.org