



What Plants Need: Preschool Lesson



Harvest of the Month Featured Product- Strawberries

Objectives

- Children will become familiar with the different things plants need to survive and grow.
- Children will learn to listen and participate in a group activity while outdoors in the garden through this movement based activity.

NC Foundations for Early Learning and Development

Goals Addressed:

APL-8

HPD-2, HPD-4

LDC-1, LDC-7, LDC-8, LDC-9, LDC-14

Materials

The Seed Song, by Judy Saksie

Preparation

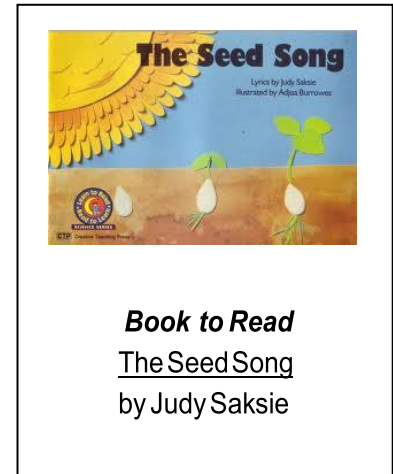
Read The Seed Song and make up movements that can accompany the song.

Activity

Take children to the garden, read children The Seed Song by Judy Saksie and teach them the song. Tell the children that on each page, there is a clue about what plants need to live and grow. Can they guess? Read the book with the children several times, with the children singing along. Teach them hand motions and movement to accompany the song (make up your own movements!). Highlight the things plants need to survive- soil, sun, water, air/wind, and nutrients.

Optional

Make a set of cards, each with an image for soil, sun, water, and air. Hold up the card at the appropriate page when singing The Seed Song.



Book to Read
The Seed Song
by Judy Saksie

Growing Minds is a program of ASAP (Appalachian Sustainable Agriculture Project).

www.growing-minds.org

Nourishing Connection a program of the Northwest Tennessee Local Food Network

www.nwtnlfn.org