



NORTHWEST TENNESSEE
LOCAL FOOD
NETWORK

NORTHWEST TENNESSEE

HUNGER RELIEF GUIDE

*Serving as a catalyst for a
thriving and equitable local
food system that is
accessible to ALL.*

The Northwest Tennessee Hunger Relief Guide is brought to you by the Northwest Tennessee Local Food Network (LFN), a 501(c)(3) nonprofit organization serving as a catalyst for a thriving and equitable local food system that is accessible to ALL. Funding for this guide was provided by generous donor support to our annual #SeedMoney crowdsource campaign, and support from FocalPoint Media.

We encourage you to contact the agencies listed in this guide for anybody who is in need of food as well as those who have extra food to donate.

Learn more about our programming at NWTNLFN.ORG



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HOW TO APPLY FOR FOOD & NUTRITION ASSISTANCE

SNAP/EBT—Supplemental Nutrition Assistance Program (SNAP) is a U.S. Department of Agriculture (USDA) initiative administered by Tennessee Department of Human Services (TDHS) that provides nutritional assistance to qualifying households. SNAP benefits are issued and accessed electronically using an Electronic Benefit Card or EBT Card. Several NWTN Farmers Markets accept EBT cards. Apply online at www.tn.gov/humanservices/families/supplemental-nutrition-assistance-program-snap/applying-for-services.html

or Call the TN Department of Human Services Family Service Center at 866-311-4287

WIC- Women, Infants, & Children (WIC) is a program that is designed to help low-income pregnant, postpartum, and breastfeeding women, infants, and children 5 years old or younger who are at nutritional risk. Apply for WIC by visiting www.tn.gov/health/health-program-areas/fhw/wic.html

or call the WIC Hotline at 1-800-DIAL-WIC or 800-342-5942.

Meals on Wheels Meals on Wheels is a nationwide program that provides older Americans nutritious meals and safety checks at little to no cost. The meals can be delivered to your home if you meet eligibility requirements, or you can go to a congregate nutrition site for socialization and food. Find a program near you: www.mealsonwheelsamerica.org/find-meals

Northwest Tennessee Economic Development Center - Quarterly Commodity Drives throughout the region
731-209-4458

HUNGER RELIEF GUIDE

BENTON COUNTY FOOD RELIEF AGENCIES

SECOND HARVEST FOOD BANK

Ray Smith Family
Distribution Center
69 Benton Industrial Road
Camden TN, 38320

Second Harvest's mission is to provide food to people facing hunger and work to advance hunger solutions.

Second Harvest offers:

- Emergency Food Boxes
- Distribution to Pantries
- Mobile Food Pantry
- "Project Grow" - A Community Garden

People interested in volunteering or need help with food may call Second Harvest Ray Smith Family Distribution Center.

731-213-5204

www.secondharvestmidtn.org

Big Sandy CCOC Food Pantry

30 Front Street, Big Sandy, TN

Contact: Jennifer Emerich

bigsandycoc@gmail.com

731-333-3144

Benton County Ministerial Alliance

110 Armory Drive, Camden

731-584-7744

Missionary Grove Baptist Church

165 Missionary Grove Church

Road, Camden, TN, 38320

731-584-9465

New Beginnings Church of God

*Food box, by appointment only
perishable distribution:*

2nd & 4th Thursdays/Month

8125 Hwy 69 A, Big Sandy, TN

136 College Avenue, Camden, TN

731-584-0900

FOR MORE INFORMATION ABOUT NWTN HUNGER RELIEF
AGENCIES VISIT WWW.NWTNLFN.ORG

OR FACEBOOK @NWTNLFN

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CARROLL COUNTY FOOD RELIEF AGENCIES

CLARKSBURG

Blessing Box

County Line Missionary
Baptist Church
70- TN-22, Yuma, TN 38390

McKENZIE

McKenzie Blessing Boxes

Hometown Healthcare Clinic

731-352-7907

Save-A-Lot, McKenzie

731-352-2266

McKenzie City Hall

731-352-2332

McKenzie Blessing Boxes

Save-A-Lot, McKenzie

731-352-2266

McKenzie City Hall

731-352-2332

Merchant Outlet Mall

731-352-9095

Bag Ladies, McKenzie

Helping families in need

731-793-9218

Long Heights Baptist Church

Information Center

260 Old Paris Road, McKenzie, TN

731-352-2372

McKenzie FUMC

Food Distribution Center

16 McTyeire Street, McKenzie, TN

731-352-2456

Pleasant Hill United

Methodist Church

10605 Terry Road, Cedar Grove, TN

352-422-0684

United Neighbors

Thrift Store and Food Pantry

2455 Cedar Ave., McKenzie, TN

731-352-0547

WHY SHOP AT NORTHWEST TENNESSEE FARMERS MARKETS?

1. Farmers Markets fuel rural economies. Fill up your bags with local goodies!
2. Farmers Markets Support Healthy Communities.
3. Farmers Markets support farmland preservation, conservation and education.
4. Know your Farmer. Know your Food.

VISIT A MARKET NEAR YOU!

NWTNLFN.ORG/MARKETS

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CARROLL COUNTY FOOD RELIEF AGENCIES

HUNTINGTON

Blessing Boxes

Hick's Appliance

731-793-2777

Carroll County Library

Meals for kids after school

731-986-1919

Exchange Club - Carls Perkins

731-986-5920

Huntingdon Church of Christ

18900 West Main Street,

Huntingdon, TN 38344

731-986-3686

Shepherd's Table

(twice monthly)

731-415-9199

fpcsheperdstable@gmail.com

3rd Tuesday: 1st Presbyterian

Church of Huntington

39835 East Main Street

4th Tuesday: 1st United

Methodist Church of

Huntington, 201 Asbury Circle

HOLLOW ROCK

BRUCETON

Blessing Boxes

Bruceton City Hall

731-586-2401

Prospect Baptist Church

Food Distribution Center

Hollow Rock

731-586-2815



TREZEVANT

Mount Ararat Baptist Church

Food Distribution Center

731-669-4936

Trezevant Ministerial Alliance

Food Pantry

5125 Main Street, Trezevant, TN

731-669-4936

Hunters for the Hungry

feedingthehungry.org

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DYER COUNTY FOOD RELIEF AGENCIES

Dyersburg Christian Center

439 W. Court St., Dyersburg, TN 38024

Contact: America Quinn

731-334-1863

america.hill88@gmail.com

Transitions of Dyer County

P.O. Box 265, Dyersburg, TN 38024

Contact: Angel Laderman

731-287-0461

transisitonsbutterfly@hotmail.com

Salvation Army Dyer County

Lunch daily (Monday-Thursday) at no cost and food boxes (every 6 months)

318 W. Market Street, PO Box 1015

Dyersburg, TN 38024

731-286-5117

dyercountysa@yahoo.com

Matthew 25:40

432 West Court, Dyersburg, TN 38024

Contact: Melissa Brubeker

731-286-9054

melissab@cableone.net

Word of Faith- Dyer

515 Laird, Dyersburg, TN 38024

Contact: Derrick Quinn

731-882-9223

lucastdlucas@aol.com

SOCIETY OF ST. ANDREW

The Society of St. Andrew brings people together to harvest and share healthy food, reduce food waste, and build caring communities by offering nourishment to hungry neighbors.

Volunteer or offer surplus crops for gleaning.

Contact:

Jessica Quinn

NW TN Area Gleaning

Coordinator

gleanwest-tn

@endhunger.org



Society of St. Andrew
GLEANNING AMERICA'S FIELDS
FEEDING AMERICA'S HUNGRY
EndHunger.org

endhunger.org/tennessee

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GIBSON COUNTY FOOD RELIEF AGENCIES

Milan Vineyard Christian Fellowship

1076 Wahl Street,
Milan, TN 38358
Leann Dillard, 731-723-8463
dillard2333@gmail.com

Laneview Baptist Church

158 Old Rutherford-Kenton Rd.,
Kenton, TN 38233
Contact: David Gammon
731-665-6696

Helping Hands of Humboldt

810 North 22nd Ave,
Humboldt, TN 38343
731-824-1757

Milan First United Methodist Church

2000 Jones Boulevard
PO Box 466, Milan, TN 38358
731-686-7431

Milan Mustard Seed Soup Kitchen

*For all emergency assistance contact
the helpline, 24 hours a day*
2027 Second Street
Milan, TN 38358
731-686-1011

New Bethlehem Baptist Church

161 New Bethlehem Road,
Dyer, TN 38330
731-692-2030

Salem Baptist Church

199 Neal Kinsey Road,
Trenton, TN 38382
731-855-2520

CROCKETT COUNTY

Crockett Care Food Bank

151 Conley Rd
Alamo, TN 38001
731-696-4067

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HENRY COUNTY FOOD RELIEF AGENCIES

First Baptist Church, Paris

313 North Poplar Street, Paris, TN 38242

Paris First Church of the Nazarene

4220 Hwy 218 Bypass, Paris, TN 38242

731-407-7779

Paris First United Methodist Church

101 E. Blythe Street, Paris, TN 38242

Contact: Sharon Sabin

731-642-4764

pfirstoffice@gmail.com

Sulphur Well Church of Christ

1760 Oak Grove Road South, Springville, TN 38256

731-644-0419

Lakeside Christian Fellowship

2920 Hwy 641 North, Paris, TN 38242

731-642-3445

New Harmony Baptist Church

7050 Hwy 69 South, Henry, TN 38242

731-540-7122

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OBION & LAKE COUNTY FOOD RELIEF AGENCIES

Brenda Brawley Daily Bread Ministry

2250 East Reelfoot Ave.,
Union City, TN 38261
Contact: Melvin Poe
731-885-2961
rettamay@uccalvary.com

Helping Hands Ministry

Food Pantry and Thrift Store
430 N. Miles Ave., Union City, TN 38261
Contact: Stacy McIntosh, 731-885-3924
crosswindchurch.net/helping-hands

Reelfoot Rural Ministries

6923 Minnick-Elbridge Road
Obion, TN 38240
Contact: Robert Craig
robert.reelfoot@gmail.com

Second Baptist Obion

126 E. Main St., Suite C, Union City, TN 38261
Contact: Justin Hiens
jhiens@secondbaptistuc.com

Ridgely Chapel

442 Bishop St., Ridgely, TN 38080
901-476-9746

TRUDY'S KIDS CAFE

*Feeding kids 0-18
years old for free
Monday - Friday
3 - 6 PM*

500 South 1st Street,
Union City, TN 38261
Contact: Valerie Hyde
731-446-2722
valhyde@bellsouth.net
www.Trudyskidscafe.org



During the summer months, Trudy's Kids Cafe partners with other organizations to offer remote feeding sites for children. They also partner with Obion County School District to offer after school program meals during the school year.

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WEAKLEY COUNTY FOOD RELIEF AGENCIES

Carls Perkins - Martin

Emergency services to meet basic needs

408 N. Lindell Street, Martin, TN 38237

731-587-0768

www.carlperkinscenter.org/counties-served/weakley

Little Free Food Pantry Martin

116 Clearwater Street, Martin, TN 38237

Contact: Lisa Griffin

mimigriffin@gmail.com

www.facebook.com/lisaslittlepantry

Little Free Food Pantry Greenfield

408 Hillsboro Street, Greenfield, TN

Contact: Ashley Bryson

anbryson84@gmail.com

731-819-4625

Gleason First Baptist Church

Food box by appointment only

301 S. Cedar Street, Gleason, TN 38229

Contact: Melanie Neumair

731-648-5601

Santa's Helpers

Food Box and Thrift Store, (W-F, 1-3pm)

216 West Main Street, Dresden, TN

Contact: LouAnn Powers

731-364-3130/ 731-819-3635

Sacks Thrift Avenue

Food Pantry Thurs. 10am -2pm

and Thrift Store

2161 North Meridian Street

Greenfield, TN 38230

Tim Chandler, 731-514-1714

timchandler@gmail.com

We Care Ministries

Food Box, Mobile Food Pantry,

and Thrift Store

530 N. Lindell Street, Martin, TN

Contact: Betty Baker

bebaker2@hotmail.com

731-587-6257

www.wecareministries.net

Weakley County

Backpack Program

Registration through Weakley County

Schools, Volunteer opportunities

265 South Parkway First Baptist

Church 490 Morrow Street ,

Dresden, TN 38225

Weakley Co. Schools

Food Pantry

Contact: Bethany Allen,

Bethany.Allen@wcsk12tn.net

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HOW TO DONATE PRODUCE FROM YOUR GARDEN OR FARM

Follow these steps when selecting, handling, storing, and transporting the produce you plan to donate:

- Call the Food Bank/Pantry at least one day ahead of time to schedule a delivery date or contact the Society of St. Andrews (contact info, page 6)
- Download the NWTN Hunger Relief Agency Guide at nwtlnfn.org/volunteer/plant-a-row-for-the-hungry
- Offer only good quality, freshly picked produce.
- Handle fresh produce safely to minimize the risk of food-borne illness.
- Keep each produce type in a separate, clean, food-grade container or bag.
- Clean as much dirt as possible off the produce.
- Choose produce that has no signs of mold, spoilage, bruising, or insects.
- Email the Society of St. Andrews to organize a volunteer opportunity – gleanwest-tn@endhunger.org

Joanne Lyles was the Grand Prize winner of the #GrowFoodChallenge in 2022. She won a Rural King Chest Freezer with a quarter of Giffin Farms Beef!

You can win, too!

Start. Grow. Harvest.
Grow Your Own Food.
Reduce Food Waste.

**Join the
#GrowFoodChallenge!**



"My cabbage is the best to eat. I save the leaves for my daughter's chicken. I give what we don't use to the church on Sunday for whoever wants it. I gave away about thirty tomato plants this year, too. If you give people seeds and plants to grow - they will not go hungry and will enjoy the bounty."

JOANNE LYLES
#Grow Food Challenge
2022 Grand Prize Winner



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OR KEEP IN TOUCH VIA FACEBOOK @NWTNLFN